Crossword – Butterfly

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|  | 1. |  | 2. |  |  |  | 4. |  |  |  |  |  |
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|  |  |  |  |  | 5. |  |  |  | 6. |  |  |  |
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|  | 3.  |  |  |  |  |  |  |  |  |  |  |  |
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|  |  |  |  |  | 10. |  |  |  |  |  | 8. |  |
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|  |  |  |  |  |  |  |  | 7. |  |  |  |  |
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| 9. |  |  |  |  |  |  |  |  |  |  |  |  |



Across = Red Down = Blue

1. Your body should \_ \_ \_ \_ \_ \_ \_ \_ through the water.
2. Butterfly kick is widely known as \_ \_ \_ \_ \_ \_ \_ kick.
3. You must tuck your \_ \_ \_ \_ close to your chest.
4. Your legs must stay \_ \_ \_ \_ \_ \_ \_ \_.
5. The \_ \_ \_ \_ is the most important part of the kick
6. When kicking your hips are accompanied by your \_ \_ \_ \_ \_
7. It is important to \_ \_ \_ \_ \_ your body when swimming butterfly.
8. Your \_ \_ \_ \_ should stay still.
9. You must enter the water with you \_ \_ \_ \_ \_ \_ \_ \_ \_ \_ first.
10. As you pull through the water your elbows will act as a \_ \_ \_ \_ \_.